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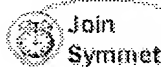
These search terms have been highlighted: **vitamin c citrus pectin**

SYMMETRY

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WEBSITE

started Jan 1995

update Aug 2001

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NUTRAPACK

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Serving size: 1 Packet - 4 caplets

Servings per box: 30

	Am S
<u>Vitamin A</u> (as 83% beta-carotene and 17% retinyl palmitate)	15,0
<u>Vitamin C</u> (as ascorbic acid and ascorbyl palmitate)	300
<u>Vitamin D</u> (as cholecalciferol)	200
<u>Vitamin E</u> (as dl-alpha-tocopheryl acetate , d-alpha-tocopheryl succinate)	200
<u>Thiamin</u> (as thiamin HCl)	15 m
<u>Riboflavin</u>	15 m
<u>Niacin</u> (as niacinamide and inositol hexanicotinate)	30 m
<u>Vitamin B6</u> (as pyridoxine HCl)	20 m
Folate as <u>folic acid</u>	400
<u>Vitamin B12</u> (as cyanocobalamin)	50 m
<u>Biotin</u>	150
<u>Pantothenic acid</u> (as D-calcium pantothenate)	30 m
<u>Calcium</u> (as calcium carbonate, calcium citrate, and hydroxyapatite)	500
<u>Iodine</u> (from kelp)	100
<u>Magnesium</u> (magnesium oxide, magnesium glycinate, magnesium citrate)	100
<u>Zinc</u> (as zinc citrate and zinc chelate)	20 m
<u>Selenium</u> (as L.-selenomethionine and sodium selenate)	50 m
<u>Copper</u> (as copper gluconate)	2 m
<u>Manganese</u> (as manganese gluconate)	10 m
<u>Chromium</u> (as GTF ChromeMate®)†	150
<u>Potassium</u> (as potassium citrate)	60 m
Energy Blend:	250

Siberian Ginseng root - *Eleutherococcus senticosus*

Yerba mate leaf - *Ilex paraguariensis*

Gotu Kola leaf - *Centella asiatica*

Guarana seed - *Paullinia cupana*

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 Fo Ti root - *Polygonum multiflorum*
Octacosanol

Antioxidant Compound Blend:

100

Rose Hips fruit - *Rosa canina*
Citrus Bioflavonoid complex
 Anthocyanidin complex:
 Grape skin extract - *Vitis vinifera*
 Green Tea Catechins - *Thea sinensis*
Pine bark extract - *Pinus maritimus*

Super Food Blend:

65 m

Apple pectin
Astragalus root - *Astragalus membranaceus*
Barley Grass - *Hordeum vulgare*
Burdock root - *Arctium lappa*
Citrus pectin
Echinacea root - *Echinacea augustifolia*
Ginkgo Biloba leaf
 Oat bran - *Avena sativa*
 Parsley leaf - *Petroselinum crispum*
 Pea fiber - *Pisum sativum*
Red Clover flower - *Trifolium pratense*
 Rice Bran - *Oryza sativa*
Schizandra fruit - *Schizandra chinensis*
Spirulina blue-green algae - *Spirulina pratensis*
Royal Jelly

Omega III complex (7.5% Omega III Fatty acids)

60 m

Garlic - *Allium sativum bulb*

50 m

Choline (as choline bitartrate)

50 m

Plant pigment blend:

36 m

Alfalfa leaf - *Medicago sativa*
 Carrot root - *Daucus carota*
 D. Salina Algae
 Tomato fruit - *Lycopersicon lycopersicum*

Inositol

25 m

Lecithin

20 m

Bromelain (80 GDU/g)

20 m

Dahlulin™ (dahlia inulin juice complex)

20 m

Chamomile flower - *Anthemis nobilis*

12 m

Ginger root - *Zingiber officinale*

12 m

Cayenne pepper fruit - *Capsicum frutescens*

12 m

Papain	12 m
Lipase	10 m
Cellulase	10 m
Amylase	10 m
Protease	10 m
<u>Ferulic acid</u>	10 m
<u>Borage seed</u> 10% GLA (gamma-linolenic acid)	10 m
Medium chain triglycerides	10 m
<u>DL-Methionine</u>	10 m
<u>L-Carnitine</u>	10 m
<u>Apple cider vinegar</u>	10 m
Nutritive herbal blend:	10 m
<u>Dandelion</u> leaf - <i>Taraxacum officinale</i>	
Irish moss - <i>Chondrus crispus</i>	
Jujube fruit - <i>Ziziphus jujuba</i>	
Nettle leaf - <i>Urtica dioica</i>	
 Betaine HCl	 6 m
<u>Boron</u> (as boron citrate)	2 m
<u>Silica</u> (as magnesium trisilicate)	1 m
<u>L-Glutathione</u>	10 m
<u>Lactobacillus acidophilus</u>	1,00 CFU
Bifidobacterium bifidum	1,00 CFU
Lactobacillus sporogenes	1,00 CFU

† ChromeMate® (niacin-bound chromium) is a registered trademark of InterHealth Company.
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